

## Suggestions for a Successful Friendship Force Experience

- ❖ Remember that, at all times, you represent your community and country in the eyes of your new friends.
- ❖ Smile, laugh, cry, hug and open your heart!
- ❖ Show your appreciation to those who assist or entertain you.
- ❖ Feel free to ask questions and be willing to learn about a new culture.
- ❖ Be sensitive to your new friends' financial situation and help accordingly.
- ❖ Be willing to adapt to a new schedule and world view.
- ❖ Be yourself but be your best self!
- ❖ Educate yourself about your own country so you can answer your friends' questions intelligently.
- ❖ Respect your new friends' way of life though it may differ from your own.
- ❖ Experience new foods, new ideas, new sounds, and new sights!
- ❖ Have fun!
- ❖ Ambassadors: Walk around the block with your suitcases prior to departure. Winded? Leave something at home!
- ❖ You'll need a bilingual dictionary, a personal gift or two, and a very open mind.
- ❖ Put aside condescension, criticism and prejudice.
- ❖ Remember, your new friends are just family you've never met before.